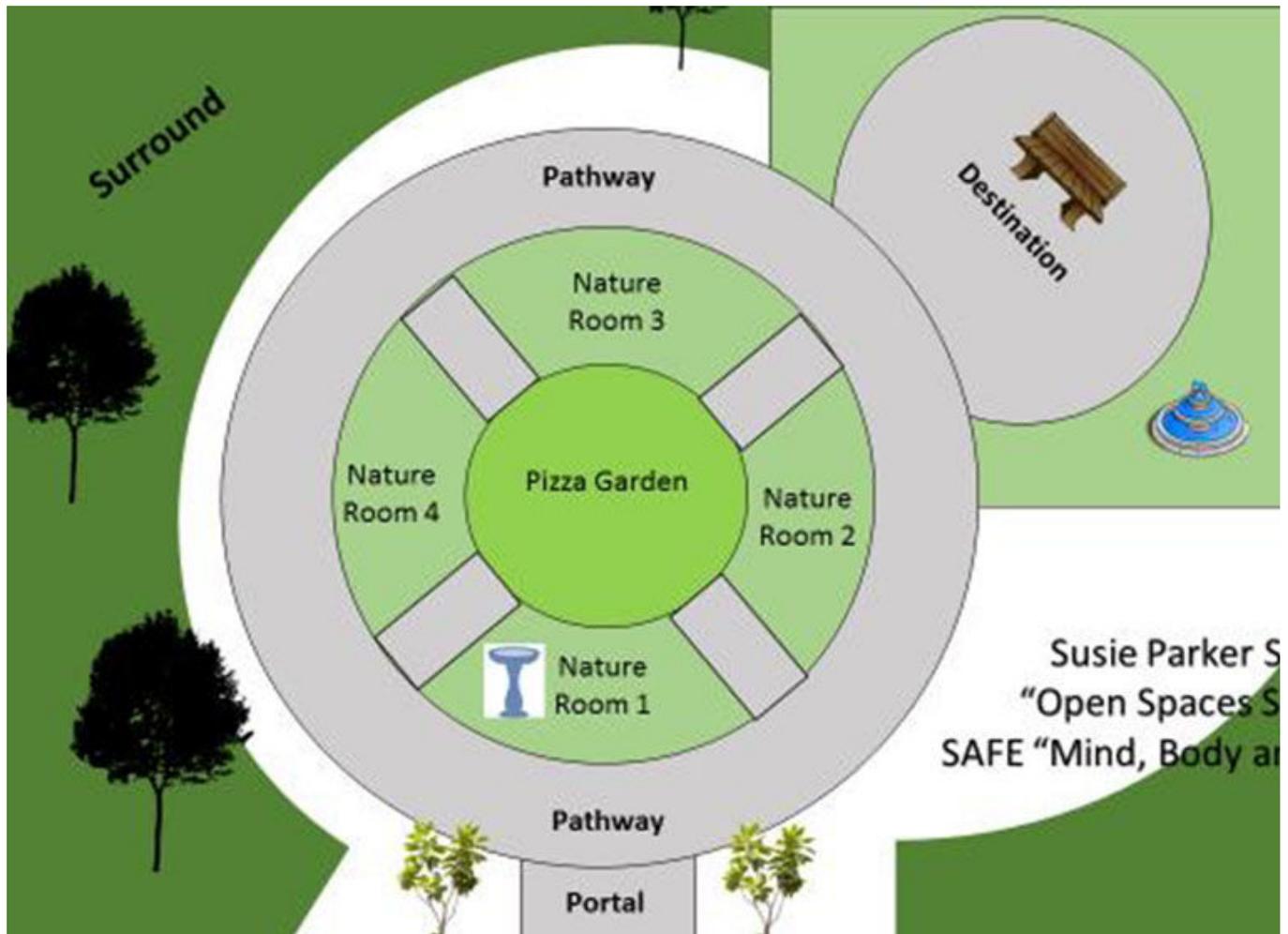


[https://www.annistonstar.com/the\\_daily\\_home/groundbreaking-for-mind-body-spirit-pathway-at-sylacauga-community-garden-set-for-oct-3-with/article\\_6ce15b10-c11d-11e8-be5c-6b30841dbe92.html](https://www.annistonstar.com/the_daily_home/groundbreaking-for-mind-body-spirit-pathway-at-sylacauga-community-garden-set-for-oct-3-with/article_6ce15b10-c11d-11e8-be5c-6b30841dbe92.html)

## Groundbreaking for 'Mind, Body, Spirit Pathway' at Sylacauga community garden set for Oct. 3 (with photos)

FROM STAFF REPORTS

Sep 25, 2018



An architectural rendering of future Susie Parker Stringfellow Open Spaces Sacred Places "Mind, Body and Spirit Pathway" garden. The groundbreaking for the new pathway is set for Oct. 3

Submitted

**SYLACAUGA** -- The community is invited to the groundbreaking of the newest addition to the Sam W. Wright Sylacauga Grows community garden behind the SAFE Family Services Center at 78 Betsy Ross Lane on Wednesday, Oct. 3.

The event will begin at 5 p.m., prior to "Dinner Under the Stars" in the garden.

Thanks to the generosity of the Susie Parker Stringfellow 100 Year Legacy Project through the Community Foundation of Northeast Alabama, the Sylacauga Alliance for Family Enhancement (SAFE) received an “Open Spaces Sacred Places” grant in the amount of \$10,000.

The new project is the “Mind, Body and Spirit Pathway.”

“SAFE anticipates the ‘Mind, Body and Spirit Pathway’ project will provide a beautiful natural walkway, providing peace and tranquility for the community,” SAFE Executive Director Margaret Morton said. “It will be visible from Sylavon Towers and will be an area designed for reflection and enjoyment.”

The circular pathway will consist of several key areas, including a handicap accessible walkway. The middle circle of the design will contain four “nature rooms” filled with different plants, shrubs, herbs, flowers and trees, allowing for different scents, textures, colors, etc.

There will be a mix of fruits and vegetables in the nature rooms to awaken the senses.

The inner circle will contain a pizza garden BRIDGES after-school students and volunteers will maintain. BRIDGES is a program SAFE operates in four locations for Talladega County and City Schools, as well as Sylacauga City Schools.

Students from the B.B. Comer BRIDGES program are within a short walking distance of the garden and will play a vital role in helping maintaining the area.

Additionally, a destination area will be created in the upper right corner of the pathway where the Susie Parker Stringfellow legacy bench will be placed.

The surrounding area will consist of trees and fencing in order to block outside noise and distractions. The setting will allow visitors to feel a sense of well-being within an area surrounded by nature.

Natural surroundings and decorations will include donated rocks, decorative mirrors made by BRIDGES students, motivational quote signs, birdbath, chimes and a beautiful water feature.

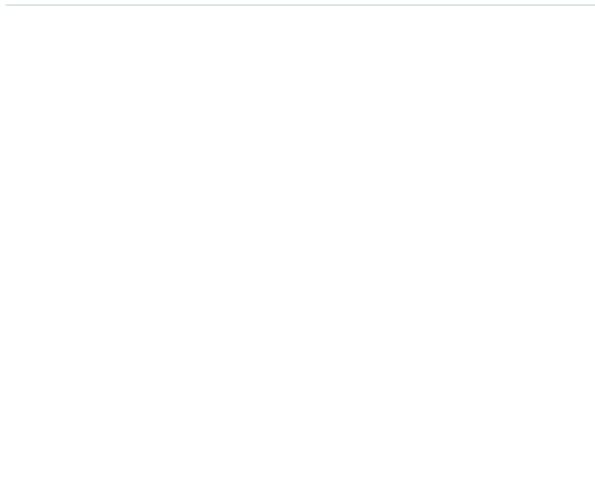
“Dinner Under the Stars” will begin immediately following the groundbreaking. Summer Newman Earnest will be the emcee, while Rocky Lucas and the band NCN will provide the evening’s entertainment.

NCN is a group of Comer High School students who perform regularly throughout the area.

The Sylacauga Beautification Council will present its annual beautification awards.

Tickets are \$20 apiece or \$150 for a table of eight and are available at SAFE.

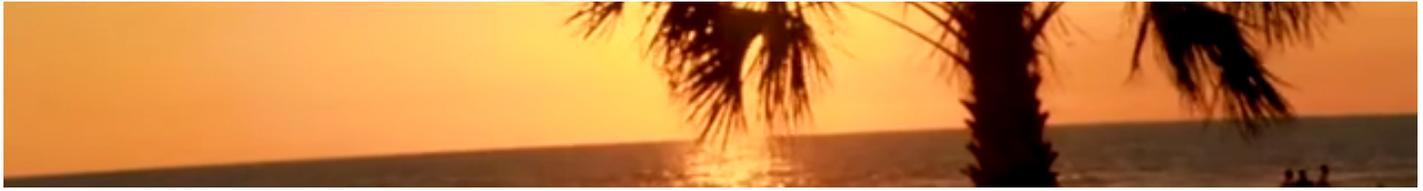
For more information, please contact SAFE at 256-245-4343 or visit our website at [www.safefamilyservicescenter.com](http://www.safefamilyservicescenter.com).



**Tags**

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