



Job Description - Position Profile

Position Title: Kid Fit Assistant

Reports To: Kid Fit Academic Coach

Classification: Hourly

Position Summary:

Supports BRIDGES staff in delivering academic enrichment, physical fitness enrichment, and family engagement activities. Assists with daily program preparation and helps facilitate activities designed to promote healthy choices and discourage the use of alcohol, tobacco, and other drugs among students participating in the Bridges program.

Primary Responsibilities:

- Ensures the supervision and safety of students during “Kid Fit” activities.
- Coordinates and schedules site visits and communicates schedules with the Director.
- Assists with the planning and implementation of engaging physical fitness activities.
- Participates in professional development sessions and workshops provided through Bridges.
- Oversees setup and cleanup for each “Kid Fit” session.

Knowledge, Skills, and Abilities:

To perform this position successfully, the individual should have experience working with youth.

- Demonstrates a genuine enjoyment of working with children.
- Possesses the ability to foster a respectful, positive, and structured environment for BRIDGES participants.
- Maintains current CPR certification and training in the use of an Automated External Defibrillator (AED).

Qualifications:

- Minimum of an associate’s degree, completion of two years of college, or relevant experience in a related field required.
- Prior experience working with youth preferred.



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Essential Functions/Physical Requirements:

The requirements below are required with or without reasonable accommodations:

- Ability to walk, stand, and sit for extended periods throughout the day.
- Capable of reaching, bending, lifting, and carrying materials.
- Must be able to lift a minimum of 20 pounds to chin level without injury.
- Willingness to travel locally and out of state, including overnight stays when necessary.
- Ability to meet the attendance requirements for this position.

The statements contained above reflect general details as necessary to describe the essential functions of this job, the level of knowledge and skills required, but should not be considered an all-inclusive listing of work requirements. Please be advised that this document should not be construed, in any manner, as a contract of employment. All employees of the SAFE Family Services Center are employees "at-will." Additionally, an employee will not be reimbursed for accumulated leave upon either voluntary or involuntary separation from employment. I have read and understand the responsibilities and requirements of this position.

Employee Signature

Date

Manager / Supervisor

Date